



Topical Fluorides

TOPICAL FLUORIDES MUST BE KEPT OUT OF THE REACH OF CHILDREN

Indications:

Topical fluoride is for use only on the surfaces of teeth and should not be swallowed. Children under the age of six should not use this product. Frequent ingestion by children may result in dental fluorosis, the development of white or brown spots on the unerupted, developing permanent teeth. Children under the age of twelve should be directly supervised while using this product.

Instructions for Use

Topical fluorides come as a concentrated fluoride gel.

When used daily it will:

- Prevent new cavities
- Remineralize areas of early decay
- Strengthen the areas around restorations (fillings)
- Reduce sensitivity to hot and cold

In the morning:

Use topical fluorides as you would use your regular toothpaste

In the evening: (after last snack of the day)

Floss and brush your teeth and rinse. Brush with a little more topical fluoride, spit out any excess, but do **NOT** rinse. This will allow the topical fluoride to be in contact with the teeth longer while you sleep.

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